

Barnard College Psychology Department Placement List

*Updated Fall 2018

Placement Name: *AHRC-NYC*

Contact Name: Dr. Raymond Franzem

Email: internships@ahrcnyc.org

Phone: 917-538-1199

Website: <https://www.ahrcnyc.org/involved/volunteer/>

Description: AHRC New York City, a family governed organization, is dedicated to enhancing the lives of individuals with intellectual and developmental disabilities and their families. AHRC currently serves over 15,000 individuals with intellectual & developmental disabilities. Positions are available in preschools, an elementary school, adult day programs, employment services, recreation, and in residential settings.

Placement Name: *Bank Street School for Children*

Contact Name: Mitch Saskin and Gabrielle Shatan

Email: schoolforchildren@bankstreet.edu

Phone: 212-875-4400

Description: At Bank Street, we strive to acknowledge, support and educate our community of children and adults to be sensitive to, and respectful of, the diversity in our own community and beyond. It is an important part of our mission and philosophy to help children develop their abilities to become advocates for diversity and social justice. As such, the pedagogy in our classrooms — in all subject areas — has a strong foundation in social justice, equity and advocacy.

Placement Name: *CBT/DBT Associates*

Contact Name: Lisa Napolitano

Email: Napolitano@cbtdbtassocs.com

Phone: 212-546-9200

Location: New York City, NY

Website: www.cbtdbtassociates.com

Description: CBT/DBT Associates© is a private psychology practice group specializing in cognitive behavioral therapy and dialectical behavior therapy in NYC for children, adolescents, and adults, under the directorship of Lisa A. Napolitano, Ph.D. We are a group of behaviorally trained psychologists committed to providing the highest quality, research-based, and cutting edge cognitive-behavioral treatments.

Placement Name: *Chapter Leader Positions in NYC with Project Sunshine*

Email: info@projectsunshine.org

Phone: (212) 354-8035

Website: <https://www.projectsunshine.org/volunteer/index.php>

Description: Project Sunshine is a nonprofit organization that provides free educational, recreational, and social programs to children and families living with medical challenges. Interested in an exciting leadership opportunity volunteering with children facing medical challenges and their families?

One of Project Sunshine's oldest chapter in New York City provides volunteers with the opportunity to spread sunshine and joy to children facing medical challenges. Volunteers provide creative arts and crafts programs, games, and other activities in pediatric medical facilities for children and their family members.

Project Sunshine New York City is currently looking for Chapter Leaders to take on the oversight and coordination of the volunteers and monthly programming, with support from Project Sunshine's office in New York City. Chapter Leaders make a minimum one-year commitment to this leadership role recruiting and training volunteers, and leading local programming. This is a volunteer position. The programming occurs on Wednesdays, from 6-8pm, but initial training will require some weekday hours. Hospital training is required as well.

Placement Name: *Child Study Center at NYU Langone*

Email: services@aboutourkids.org

Phone: 646-754-5000

Website: <https://nyulangone.org/locations/hassenfeld-childrens-hospital/about-hassenfeld-childrens-hospital/volunteer-at-hassenfeld-childrens-hospital>

Description: At the Child Study Center, our mission is to promote rigorous scientific examination of the onset, course, and trajectories of psychiatric, neurodevelopmental, and emotional/behavioral disorders in children and adolescents and of strategies to improve implementation of evidence-based practices.

We are also committed to developing and disseminating effective clinical, preventive, and service interventions in communities. Accordingly, we integrate research within our clinical and educational programs so that the knowledge we generate can be feasibly and usefully applied in routine practice settings. Our work is focused in 6 areas:

- Center for Implementation-Dissemination of Evidence-Based Practices (IDEAS)
- Neurodevelopmental Disorders
- Stress, Trauma and Resilience
- Emotional Brain Institute
- Bellevue Innovation Laboratory
- Biostatistics

Our research ranges from basic neuroscience using animal models to large community-based population studies. We develop and integrate our work using a translational research framework, with the goal of strengthening the impact of scientific findings on both policy and practice.

Placement Name: *Cohen Children's Medical Center of NY/ North Shore-Long Island*

Contact Name: Andrew Adesman, Jill Sonnenklar, Victor Fornari

Email: AAdesman@northwell.edu , JSonnenk@northwell.edu, VFornari@northwell.edu

Phone: 718-470- 3258

Website: <https://childrenshospital.northwell.edu/get-involved/volunteer-opportunities>

Description: Cohen Children's Medical Center is dedicated to providing the highest levels of care to meet the special needs of children, from premature babies to adolescents. Our 202-bed hospital opened in 1983 as the New York metropolitan area's only hospital designed exclusively for children. Today we are the largest provider of pediatric health services in New York state, serving 1.8 million children in Brooklyn, Queens, Nassau and Suffolk counties.

Types of Volunteers:

- Autism Ambassadors
- Child life
- Pediatric Emergency Department
- Clerical Volunteers
- Comfort Cart
- Reach Out and Read
- Gift Shop
- Surgical Waiting Area
- Musical Hands and Heart (MHH)

Placement Name: *Community Impact at Columbia University*

→ **Toddler Learning Center**

Email: toddlerlearningcenter@gmail.com

Website: <http://communityimpact.columbia.edu/our-programs/toddler-learning-center>

Description: Toddler Learning Center (TLC) is an early childhood education program for toddlers from Harlem and Morningside Heights. Volunteers engage toddlers in interactive and educational activities via an anti-bias, play-based curriculum geared to help toddlers enjoy learning. TLC volunteers provide program activities on Saturdays from 10:00am - 2:00pm.

→ **Peace by PEACE**

Email: peacebypeace@columbia.edu

Website: <http://communityimpact.columbia.edu/our-programs/peace-peace>

Description: Peace by PEACE is a conflict resolution skill development program for elementary school students. Volunteer teachers offer a year-long curriculum, fostering ways of resolving differences by communicating, understanding different points of view, and learning together. Weekly one-hour sessions take place on Friday afternoons at partner schools and a family shelter.

Placement Name: *Crisis Text Line*

Email: support@crisistextline.org

Website: To apply visit- <https://www.crisistextline.org/volunteer>

Description: Free 24/7 support for those in crisis. Text anywhere in the US with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis. Train from anywhere. **Step 1:** Complete the 30-minute application and consent to a background check. **Step 2:** Complete the 34-hour web-based training. **Step 3:** Take your first shift and start changing lives.

Placement Name: *The Dalton School*

Contact Name: Debora Tascher

Email: dtascher@dalton.org

Phone: 212-423-5405

Website: <https://www.dalton.org/page/about>

Description: The Dalton School (K-12) is committed to providing an excellent education that meets each student's interests, abilities, and needs and promotes an appreciation for diversity in our community as an integral part of school life. Dalton challenges each student to develop intellectual independence, creativity, and curiosity and a sense of responsibility toward others both within the School and in the community at large.

Placement Name: *Ethical Culture Fieldston School (lower school)*

Contact Name: Simira Freeman, Kylah Arias

Email: sfreeman@ecfs.org kbarias@ecfs.org

Phone: 718-329-7300 x7301

Description: Placement at Fieldston Lower School would mostly involve classroom observations and consultations with teachers. In the past students have had the opportunity to sit in on scheduled appointments with teachers to discuss their students development, observes children in their classrooms, administers screenings to kindergarten children, and help run an advisory group for 3rd, 4th and 5th graders. Volunteer could participate in the advisory group sessions but could not observe at parent meetings. There are no current opportunities available for students at the school, but an interested student should contact Dr. Freeman and express their desire to volunteer.

Placement Name: *Ethical Culture Fieldston School (upper school)*

Contact Name: Jessica Lassman

Email: jlassman@ecfs.org

Phone: 718-329-7300 x7331

Description: Our school fosters skills and offers coursework that prepares our students well for higher education while at the same time providing space and support for them to engage in community service, which is at the core of our mission. The high school features a robust arts program, extensive co-curricular activities, and athletics. Faculty and staff at Fieldston Upper come to know students well and offer broad and deep support for student growth, discipline, and development. The foundation students receive at Fieldston prepares them for the world today, and to see the world as it might be. There are no current opportunities available for students at the school, but an interested student should contact Dr. Lassman and express their desire to volunteer.

Placement Name: *Eviction Intervention Services Housing Resource Center/Clutter Intervention*

Contact Name: Audrey Tannen or Michelle Shapiro

Email: info@eisny.org or evictioninterventionservices@gmail.com

Phone: 212-308-2210

Website: <http://eisny.org/blog/volunteer>

Description: EIS Housing Resource Center has as its mission to prevent homelessness which we accomplish by keeping residents in their communities, preserving existing affordable housing, and

promoting and supporting the construction of affordable housing for low, moderate and middle-income households. EIS strives to protect and improve the quality of life of all New Yorkers by stabilizing the neighborhood. We help preserve the existing affordable housing stock by advocating for and educating tenants and aim to keep all people, especially families with children under the age of 18, seniors, the homebound, and the physically and/or mentally impaired in their own apartments, promoting the safety and security of our neighborhoods.

Placement Name: *Gender and Family project at the Ackerman Institute*

Contact Name: Lizzie Glaeser, Jane Rennert

Email: lglaeser@ackerman.org, jrennert@ackerman.org

Phone: 212.879.4900, extension 150

Description: The Gender and Family Project (GFP) empowers youth, families and communities by providing gender affirmative services, training and research. GFP promotes gender inclusivity as a form of social justice in all the systems involved in the life of the family. Responsibilities will include, note taking, translating for Spanish speaking families, greeting participants, attending pre- and post-group supervision meetings, assisting on special projects, conducting topical literature and media reviews, etc. Qualifications include an interest in supporting Transgender/Gender Non-Conforming (TGNC) youth, bilingual fluency in Spanish and English, and a record of dependability from at least one professional or academic reference.

***Note:** Students must apply in August, and commit to the position from September-July.

Placement Name: *Jewish Board of Family and Children's Services -Childcare Assistant*

Email: volunteer@jbfcs.org

Phone: 212-582-9100

Location: All Five Boroughs

Description: Volunteers at The Jewish Board play a critical role in supporting our clients through a difficult time in their lives. Whether mentoring a young person, offering companionship to an isolated individual, or providing practical support to programs and clients, Jewish Board volunteers are helping New Yorkers live independent and successful lives.

Our volunteers serve in meaningful roles that have impact — and our Points of Light Service Enterprise certification is a sign of our commitment to developing these mission-aligned volunteer opportunities.

Apply today and join the Jewish Board in supporting hope and recovery for all New Yorkers.

We are looking for a volunteer, in NYC (all five boroughs), that can engage with the children through reading, arts and crafts, and/or playing games, while parents are speaking with clinicians and other clinic staff.

Ideal candidate has:

-Experience working with children

-Early Childhood experience

-Interest in Early Childhood / Education / Human Services / Psychology

Placement Name: *The Hewitt School*

Contact Name: Emily Bentinck-Smith, Vicki Koblentz

Email: ebentinck-smith@hewittschool.org, vicki.koblentz@hewittschool.org

Phone: 212-288-1919 x 558; 212-994-2557

Description: Hewitt's motto--"By Faith and Courage" --is evident in everything we do. Where most high-achieving girls are socialized to be perfect and play it safe, Hewitt girls learn to have faith in themselves and have the courage to take risks and bounce back from failures. Where most high-achieving girls are asked to focus exclusively on curating the perfect resume, the Hewitt girl is hard at work on her inner resume as she achieves academically. I invite you to see what makes Hewitt such a distinctive place for girls and young women to learn and grow into a world of expanding opportunity, and how Hewitt is empowering the next generation of women leaders, one at a time--from the inside out.

Placement Name: *Health and Wellness Volunteer with New York Cares*

Website: <https://www.newyorkcares.org/>, <https://www.volunteermatch.org/search/opp462203.jsp>

*Note: If interested send a message through volunteer match.

Description: On New York Cares' Health and Wellness projects, volunteers bring much-needed companionship to long-term hospital residents and individuals living with devastating illnesses, such as HIV/AIDS. Search our projects at www.newyorkcares.org/search/project. Before you can volunteer on New York Cares project, you must attend a one-hour orientation. After that, you can choose from hundreds of flexibly scheduled volunteer projects every month.

Placement Name: *Here There & Everywhere, INC*

Contact Name: Tanya Gupta

Email: tanya@htEVERYwhere.com; connect@htEVERYwhere.com

Phone: 201.315.6598

Location: New York City, NY

Website: <http://www.hteverywhere.com/connect>

Description: here there and EVERYwhere (htE) is a nonprofit, repurposed goods platform that provides survivors of economic hardships, domestic abuse, sexual assault, and human trafficking with an avenue for creative expression. While incorporating healing arts and ethical design* concepts, survivors are taught vocational & entrepreneurial skills in sewing, jewelry making, and crafts to bring new life to discarded items. The end product is a culmination of creativity, catharsis, and dedication, which we share with you through the htE Dove.

Placement Name: *Hospice Volunteer-MJHS Hospice and Palliative Care*

Phone: (212) 420-2562

Website: <http://hospicenyc.org/volunteer/>

Description: Hospice provides a specialized program of care and services to end-of-life patients. MJHS Hospice provides care for pediatric and adult patients in homes, nursing homes, assisted living communities, inpatient facilities, and hospitals.

Placement Name: *Laboratory for Clinical and Developmental Studies (LCDS)-Teachers College, Columbia University*

Email: kd2606@tc.columbia.edu (Title the subject line: “RA Application”)

Website: <https://www.clinicaldevelopmentalstudies.com/getinvolved/>

Description: In this clinical psychology lab we apply principles from social and cognitive psychology to answer questions about suicide and self-injury. How can we more objectively assess suicide risk? Do certain patterns of thought place individuals at greater risk of suicide? How do cognitive and other types of risk factors vary between adolescents and adults? To answer these questions, we conduct research through laboratory experiments, hospital-based data collection, and meta-analyses.

Placement Name: *Ichan School of Medicine at Mount Sinai -(VOLUNTEER RESEARCH ASSISTANT)*

Email: narc@mssm.edu

Phone: 212-241-0442

Website: Description: Volunteer Research Assistant. We are looking for current undergraduates or recent graduates to fill volunteer research assistant positions. We need motivated, detail-oriented people with strong communication skills. Candidates must be available a minimum of 16 hours a week during weekdays, regular working hours, for a full year. Research Assistants help with all aspects of the research process including performing neuroimaging and neuropsychological procedures, conducting data analysis and management, and recruiting participants. **Please send your resume, transcript, semester and summer availability, and earliest start date to narc@mssm.edu.** If we are able to match your interest with a current research opportunity, we will contact you for an interview. We require letters of recommendation before conducting interviews.

We are also seeking candidates for a funded Graduate Fellowship in Social Work and Neuroimaging, provided by a joint collaboration of the Department of Environmental Medicine and Public Health and the Friedman Brain Institute, Icahn School of Medicine at Mount Sinai. Graduate students (PhD or MSW) who are interested in a research dissertation that will center on translational investigation are encouraged to apply (preference will be given to individuals who have advanced to candidacy; successful completion of course requirements). The primary mentorship for this fellowship will be provided by Dr. Keren Bachi, LCSW. Interested applicants should send a cover letter, CV, and reference letter to: keren.bachi@mssm.edu.

BELOW ARE A LIST OF PROGRAMS AT MOUNT SINAI HOSPITAL

Placement Name: *The Mount Sinai Hospital*

Address: Department of Volunteer Service One Gustave L. Levy Place Box 1274 New York, NY 10029

Phone: 212-241-0478

Description: The Mount Sinai Hospital’s Department of Volunteer Service works with more than 1,000 volunteers to provide support to The Mount Sinai Hospital and the surrounding community. With a wide range of placements—from inpatient and ambulatory areas to offices and laboratories—our dedicated team is vital in executing the Mount Sinai’s mission of excellence in patient care, education, and research.

Volunteer placements are available in the following categories:

- Patient-Related Programs
- Student Research
- Administrative and Program Support
 - **Placement Name:** *Mount Sinai Emergency Room Ambassador –Mount Sinai Medical Center*

Phone: 212-241-0478

Website: <http://www.mountsinai.org/locations/mount-sinai/about/volunteer>

Description: The Emergency Department Ambassador (EDA) provides comfort and conversations to patients and families in the ER. They assist in distributing lunch trays to patients that do not have food restrictions, make certain patients have a pillow, a blanket and other things that can improve their comfort in the ER. The goal of the EDA is to provide a friendly and helpful presence, and to be of assistance to the ER staff. The Ambassador can also escort family members to the cafeteria or other areas of the hospital, assist with phone charging, and even make certain the patients know their nurses name. This position is available Monday-Friday from 12 noon-3 PM. We ask Ambassadors to serve at least one session per week.

- **Placement Name:** *Mount Sinai Volunteer Ambassador-Mount Sinai Medical Center*

Phone: 212-241-0478

Website: <http://www.mountsinai.org/locations/mount-sinai/about/volunteer>

Description: The Mount Sinai Hospital Ambassador Program, sponsored by the Joseph F. Cullman, Jr. Institute for Patient Experience, is a volunteer program that involves welcoming patients, families and visitors as they enter the Medical Center and assisting them to their destination. The Ambassador Program supports the mission of the Cullman Institute – To promote a culture of patient-centered care that emphasizes service and compassion from the moment a patient enters the hospital. We are seeking volunteers interested in extending our welcoming presence to patients and families. No experience is necessary to become a Mount Sinai Ambassador. If you enjoy meeting people and have a willingness to help others, we will teach you the rest! Being a Mount Sinai Ambassador is wonderful opportunity to learn what it is like to be part of a large academic medical center. We ask Ambassadors to commit to three hours of service per week (Monday through Thursday between 7:00 AM and 3:00 PM). Orientation sessions are held monthly.

- **Placement Name:** *Icahn School of Medicine at Mount Sinai (ISMMS) Institutional Review Board (IRB)*

Email: IRB@mssm.edu

Phone: 212-824-8200

Description: The Icahn School of Medicine at Mount Sinai (ISMMS) Institutional Review Board (IRB) is committed to providing high quality, comprehensive education and training for its IRB members regarding human research protections, federal regulations, and local IRB policies and procedures.

- **Placement Name:** *Mount Sinai- St. Lukes Parent-Infant Center (PIC)*

Contact Name: Wendie Klapper
Email: wendie.klapper@mountsinai.org
Phone: 212-523-3071

Website: https://www.wehealny.org/services/slr_cfi/stl_pic.html

Description: The Mt. Sinai-St. Luke's Parent-Infant Center (PIC) is a prevention and treatment program that provides multidisciplinary assessment and psychotherapeutic services to pregnant women, caregivers, and their young children (0-4). The primary goal of PIC is to facilitate the development of a healthy attachment between caregivers and their infants/toddlers and promote healthy child and parent development.

***Note:** Responsibilities include but are not limited to directly supporting the PIC Director in managing clinical activities, research, & ongoing program development.

END OF MOUNT SINAI LIST

BELOW ARE A LIST OF PROGRAMS AT NYU LANGONE

Placement Name: NYU LANGONE

Description: At NYU Langone Health, volunteers provide essential social support to our patients, their families, and other visitors. Whether you're interested in greeting and directing visitors, bringing your certified therapy dog for regular visits, or assisting with various nonclinical tasks, NYU Langone's Volunteer Services can match you with the right opportunity.

Website: <https://nyulangone.org/volunteer>

- **Placement Name:** *The HELP Project*

Contact Name: Claudia Aristy

Phone: 212-562-2540

Email: claudia.aristy@nyumc.org

Description: The *Health Education and Literacy for Parents (HELP) Project* was developed under the auspices of New York University (NYU) School of Medicine Department of Pediatrics at Bellevue Hospital Center's Pediatric Ambulatory Care Service in 2001 with the support of many partner organizations.

The development of the project reflects NYU/Bellevue's strong tradition of providing comprehensive and integrated pediatric services. Bellevue Clinic staff had identified parents' literacy levels and limited English skills as major impediments to the successful delivery of health services. Bellevue Reach Out and Read staff therefore decided to develop a literacy intervention for parents specifically to address health literacy. As a result, the *Health Education and Literacy for Parents (HELP) Project* was designed to address the literacy needs of parents within the clinic context. Using the successful Reach Out and Read model of waiting room interventions, the HELP Project trained staff and volunteers to conduct activities with parents in the clinic waiting room. The activities offer strategies for parents to improve the health of their families in addition to pursuing their own education.

- **Placement Name:** *Adult ADHD Program*

Contact Name: Lenard Adler, M.D.

Email: adultadhd2@nyumc.org

Phone: 212-263-3580

Description: The staff at The Department of Psychiatry Adult ADHD Program offers state-of-the-art multi-disciplinary treatment approaches. These include comprehensive diagnostic examinations, medication management, neuropsychological testing, cognitive behavioral therapy and family therapy. We provide a special outreach to adults with ADHD - a unique program in the New York Metropolitan Area.

- **Placement Name:** *Anxiety & Complicated Grief Program*

Contact Name: Rebecca Lubin, BA (Program Coordinator)

Email: rebecca.lubin@nyumc.org, anxiestudy@nyumc.org

Phone: Rebecca Lubin- 646-754-7035, The Anxiety and Complicated Grief Program-888-449-6770

Description: The Anxiety and Complicated Grief Program in NYU Langone Health's Department of Psychiatry explores causes and treatments for a variety of anxiety- and grief-related conditions, and seeks to better understand their underlying causes and courses. We perform research studies to identify and develop new treatments.

- **Placement Name:** *Banishing Obesity and Diabetes in Youth (BODY) Project*

Contact Name: Antonio J. Convit, MD

Email: antonio.convit@nyumc.org

Phone: 212-263-7565

Description: The BODY Project – Banishing Obesity and Diabetes in Youth – is a program developed by the NYU School of Medicine to address the growing number of overweight and obese adolescents in New York City high schools and to halt the progression of obesity-related disease. The BODY Project empowers teens with information about their own health and helps them take control to prevent or reverse obesity, diabetes, metabolic syndrome, cardiovascular disease, and other chronic illnesses.

- **Placement Name:** *Center for Brain Health*

Contact Name: John Murray

Email: john.murray@nyumc.org

Phone: 212 263-7795

Description: Over 30 years ago, the Center for Brain Health faculty came together to conduct research on brain changes associated with normal aging, memory loss, the early diagnosis of Alzheimer's disease, and the cognitive changes associated with diabetes. The Center is funded by the National Institute of Health and is world known for its development of imaging and biomarker tools to provide the early diagnosis of Alzheimer's disease. The center is comprised of three main laboratories: Neuroimaging, Physiology, and Neuropsychology as well as supporting a clinical diagnosis group. The center also has close ties with the NIH supported Alzheimer's Disease Core Center at NYU.

- **Placement Name:** *Schizophrenia Research Group*

Contact Name: Michelle Worthington

Phone: 646-754-4803

Description: The research projects conducted in our lab are primarily focused on identifying the most effective treatments-medication and psychotherapy-for psychosis that decrease symptoms and improve functioning.

- **Placement Name:** *Sleep, Aging & Memory*

Contact Name: Margaret Wohlleber

Phone: 212-263-7563

Description: Traditionally, the science of sleep has been considered a branch of psychology. Only recently did a field of medicine dedicated to sleep emerge. Recent advances in neuroimaging and the development of new plasma and cerebrospinal biomarkers are increasing the prominence of a neuroscientific perspective in sleep research. The fundamental questions in the study of sleep remain largely to be clarified:

- Why do we sleep?
- What happens in the brain during sleep?
- What are the consequences of disturbed sleep on the brain?

The Sleep, Aging, and Memory (SAM) Lab is a collaboration between the NYU Center for Brain Health ([Ricardo Osorio, MD](#)), NYU Sleep Disorders Center (Indu Ayappa, PhD), and the Center for Neural Science (Andrew Varga, MD, PhD). Our mission is to try to solve these and other issues related to sleep, normal aging, memory processing, and the risk for Alzheimer's disease.

- **Placement Name:** *Steven and Alexandra Cohen Veterans Center*

Contact Name: Duna Abu-Amara, MPH (Senior Project Manager)

Phone: 877-698-3299

Description: The mission of the Steven and Alexandra Cohen Veterans Center is to accelerate the discovery of measurable medical characteristics, known as biomarkers, that would allow health care professionals to objectively diagnose post-traumatic stress (PTS) and traumatic brain injury (TBI) in veterans. Our team is dedicated to lessening the burden of these conditions on service members, veterans, and their families. We aim to improve the detection and treatment of PTS and TBI through cutting-edge research.

END OF NYU LANGONE LIST

BELOW ARE A LIST OF PROGRAMS OFFERED AT NEWYORK PRESBYTERIAN/CUMC

Placement Name: *New York Presbyterian-Psychiatry*

Description: New York-Presbyterian brings the academic faculty of Columbia University College of Physicians and Surgeons and Weill Cornell Medical College together with New York-Presbyterian Hoapital in a shared mission to advance the field of diagnostic precision and to refine the most effective treatments for individuals of all ages.

Website: <http://www.nyp.org/psychiatry/services>

- **Placement Name:** *Borderline Personality Disorder Resource Center*

Email: bpresourcecenter@nyp.org

Phone: 888-694-2273

Description: The mission of the Borderline Personality Disorder Resource Center (BPDRC) is to promote BPD education and connect those affected by BPD to established resources for treatment and support.

- **Placement Name:** *The Center for Autism and the Developing Brain*

Phone: 914-997-5848

Location: White Plains, NY 10605

Description: The Center for Autism and the Developing Brain provides comprehensive care in a single setting for individuals living with autism spectrum disorders (ASD) and other developmental disorders of the brain. It is a collaborative program between New York-Presbyterian, Weill Cornell Medical College, and Columbia University College of Physicians and Surgeons, in partnership with New York Collaborates for Autism.

- **Placement Name:** *Child and Adolescent Psychiatry*

Locations and Contacts: *Psychiatry New York-Presbyterian/Weill Cornell (P. 888-694-5700); Psychiatry New York-Presbyterian/Columbia (P. 212-305-6001); Psychiatry New York-Presbyterian/Westchester (P. 888-694-5700)*

Description: Diagnostic, treatment, and crisis intervention services are provided to children, adolescents, and families, in both ambulatory and inpatient programs. Our expert clinicians begin treatment with a comprehensive diagnostic assessment of mood and personality, which then guides the treatment and discharge planning. Family members and caregivers are integral in all stages of treatment recovery. Our multi-campus, medically supervised adolescent partial hospitalization program is an alternative to or step-down from hospitalization providing intensive brief treatment in an outpatient setting.

- **Placement Name:** *Comprehensive Psychiatric Emergency Program*

Locations and Contacts: *Psychiatry New York-Presbyterian/Weill Cornell (P. 888-694-5700); Psychiatry New York-Presbyterian/Columbia (P. 212-305-6001); Psychiatry New York-Presbyterian/Westchester (P. 888-694-5700)*

Description: Our Hospital-based emergency psychiatric services provide a full psychiatric assessment, stabilization, extended observation, treatment, and referral of patients 18 and older. Our psychiatrists, social workers, and nurses are trained in emergency psychiatry and work together as a team to develop a rapid response to acute care needs.

- **Placement Name:** *Depression And Anxiety Disorders*

Locations and Contacts: *Psychiatry New York-Presbyterian/Weill Cornell (P. 888-694-5700); Psychiatry New York-Presbyterian/Columbia (P. 212-305-6001); Psychiatry New York-Presbyterian/Westchester (P. 888-694-5700)*

Description: We offer major clinical and research programs to advance the treatment of depression and anxiety disorders. Our faculty have particular expertise in treatment-resistant depression, late-life depression, and anxiety disorders, including OCD. Our Youth Anxiety Center brings together the faculties from both medical colleges in a collaborative effort that spans basic mouse research, translational clinical research, clinical trials, and direct patient care targeting youth and young adults in the critical ages from 16 to 28 who are struggling with transitions to adulthood. Our expertise in psychopharmacology is unparalleled. Our investigations of novel treatments and technology-assisted therapies lead the field in modulating brain function. Our physician researchers are responsible for the development of countless screening tools and interventional models that test and adapt pharmacologic, psychosocial, and wrap-around treatment for individuals at high risk.

of the aging brain.

- **Placement Name:** *The New York-Presbyterian Military Family Wellness Center*

Locations and Contacts: *Psychiatry NewYork-Presbyterian/Weill Cornell* (P. 888-694-5700); *Psychiatry NewYork-Presbyterian/Columbia* (P. 212-305-6001); *Psychiatry NewYork-Presbyterian/Westchester* (P. 888-694-5700)

Description: The NewYork-Presbyterian Military Family Wellness Center provides services at three convenient locations, including two locations staffed by Weill Cornell Physicians, and one staffed by Columbia University Medical Center physicians. Program for Anxiety and Traumatic Stress Studies (Weill Cornell) NewYork-Presbyterian Westchester Division PTSD Research and Treatment Program (Columbia).

- **Placement Name: *Psychotic Disorders***

Locations and Contacts: *Psychiatry NewYork-Presbyterian/Weill Cornell* (P. 888-694-5700); *Psychiatry NewYork-Presbyterian/Columbia* (P. 212-305-6001); *Psychiatry NewYork-Presbyterian/Westchester* (P. 888-694-5700)

Description: NewYork-Presbyterian, in collaboration with our medical colleges, has made major inroads into the understanding and treatment of psychotic disorders with a particular expertise in first episode and multi-episode treatment of schizophrenia and bipolar disorder. We are committed to helping mentally ill adults achieve stable, productive, community lives by eliminating the isolation of serious mental illness. We work to engage patients and develop medication protocols that can be tolerated and adhered to. We work together in a team-based model to establish and restore social networks and maintain patients in their work and school activities, fostering the ability to live independently. All patients have access to comprehensive inpatient and outpatient levels of care. Our faculty are recognized worldwide as leaders in research in brain imaging and biomarkers of psychotic disorders. We treat complex, comorbid patients in a recovery-oriented and culturally sensitive setting

- **Placement Name: *PTSD - Post Traumatic Stress Disorder***

Locations and Contacts: For East Side of Manhattan or White Plains, call 212-821-0783. For the West Side of Manhattan, call 646-774-9042.

Description: The emotional wounds of trauma are just like any physical injury. Just because you can't see them, doesn't mean unhealed wounds don't affect your health and overall well-being. We are a recognized leader in programs focused on the types of traumas related to PTSD. Specialized PTSD Programs:

- Military personnel, veterans, and their families
- Disaster workers/First Responders
- PTSD-related substance abuse
- Survivors of abuse
- Survivors of sexual assault or rape
- Burn survivors
- Combat or occupation-related PTSD
- Military sexual trauma
- PTSD related to the World Trade Center attacks
- PTSD related to a burn injury
- Imaginal exposure therapies
- Virtual reality exposure therapies
- Cognitive behavioral therapies
- Interpersonal therapy

- Combination therapies with/without medication
- Therapies via telemedicine

- **Placement Name: *Substance and Alcohol Use***

Locations and Contacts: *Psychiatry NewYork-Presbyterian/Weill Cornell* (P. 888-694-5700); *Psychiatry NewYork-Presbyterian/Columbia* (P. 212-305-6001); *Psychiatry NewYork-Presbyterian/Westchester* (P. 888-694-5700)

Description: Treatment for substance and alcohol use is provided in both integrated and specialized settings. The complex needs of patients struggling with comorbid psychiatric and substance use are met through treatments proven to support harm reduction and abstinence. Our system of care is discreet, accommodating, and individualized, from residential treatment in our amenities-rich Westchester Division to the structured support available from comprehensive evaluation and treatment services offered across our facilities.

- **Placement Name: *Women's Mental Health***

Locations and Contacts: *Psychiatry NewYork-Presbyterian/Weill Cornell* (P. 888-694-5700); *Psychiatry NewYork-Presbyterian/Columbia* (P. 212-305-6001); *Psychiatry NewYork-Presbyterian/Westchester* (P. 888-694-5700)

Description: NewYork-Presbyterian offers a broad array of mental health services that focus on issues and disorders experienced by women in a trauma-informed environment that is respectful of social and cultural diversity. Our CBT-informed care is enlightened by robust research that is examining symptoms and treatment of women across the lifespan. Collaborative investigations in endocrinology, neurobiology, psychology, imaging, and psychopharmacological studies specific to women contribute to new understanding in the field of women's reproductive psychiatry and effective therapies. This unique program offers women, often underrepresented in research, an inpatient program that recognizes gender and cultural identity.

END OF NEWYORK PRESBYTERIAN/CUMC LIST

BELOW ARE A LIST OF PROGRAMS AT NEW YORK STATE PSYCHIATRIC INSTITUTE (NYSPI)

Placement Name: New York State Psychiatric Institute (NYSPI)

Contact: Matt Gold (Volunteer Coordinator) ***Contact Matt to discuss opportunities available at NYSPI**

Email: goldmat@nyspi.columbia.edu

Phone: 646-774-8252

Description: The volunteer program at Columbia University Department of Psychiatry is service-oriented. Volunteers work in alliance with employees in various departments. They are an essential part of the staff. The Columbia University Department of Psychiatry is mainly a research organization; therefore, most of our volunteers choose to work on our many research studies. Volunteer tasks vary from clerical work to patient or research subject contact, usually observing interviews performed by our researchers. Volunteers accepted for placement must provide a Physical Health History and must attend an orientation.

Website: https://nyspi.org/nyspi/how_you_can_help/volunteer-program

- **Placement Name:** *Mother-Infant Filming Lab, New York State Psychiatric Institute*

Contact Name: Dr. Beatrice Beebe

Email: beebebe@nyspi.columbia.edu

(Copy Matt Gold-Volunteer Coordinator goldmat@nyspi.columbia.edu)

Description: Our Communication Sciences Lab specializes in research on mother-infant communication. We are in the Division of Child and Adolescent Psychiatry, New York State Psychiatric Institute (NYSPI). We do basic research on mother-infant face-to-face communication, and its associations with maternal depression/anxiety, infant prematurity, infant attachment and cognition, and young adult outcomes. We are currently beginning a large project examining the effects of environmental toxins on mothers and infants.

We run our lab with volunteers. We usually have a dozen volunteers from various NYC schools. A volunteer position in our lab is ideal for students who have completed college, who are interested in research experience, and who want to get into a PhD program in Clinical or Developmental Psychology. It is also ideal for MA students if they can meet our schedule.

A **2-year commitment** is essential, because we need the continuity. Please think carefully about this commitment. Our lab runs **Tuesdays 10am to 6pm**, and **Thursdays 10am to 6pm**. We are looking for people who can give *two full days*. Dr. Beebe holds *teaching sessions* for her volunteers *once per month* in her home on *Monday evenings*. Students learn the basic research of the lab, new papers being produced, and the context of the work in the field.

Website:

<https://childadolescentpsych.cumc.columbia.edu/professionals/research-programs/communication-sciences-lab>

- **Placement Name:** *PTSD Research and Treatment Program-NYSPI Columbia University Medical Center*
- This location offers individual therapy, group therapy, couples therapy, and telemental health. Equine-assisted therapy is also available for service members and veterans with PTSD.
 - **Contact Person:** Ariel Durosky (Program Coordinator) (Copy Matt Gold-Volunteer Coordinator goldmat@nyspi.columbia.edu)
 - **Phone:** 646-774-8104
 -

END OF NYSPI LIST

Placement Name: *The BODY Project- At NYU*

Contact Name: Dr. Kathy Yates

Email: Kathy.Yates@nyumc.org

Phone: T, W and Th: (212) 263-0407; M and F: (212) 280-2665

Location: 145 E. 32nd Street, 8th Floor, New York, NY 10016

Website:

<https://med.nyu.edu/psych/research/research-programs/banishing-obesity-and-diabetes-youth-body-project/about-our-program>

Description: The BODYLab is a federally funded laboratory that conducts studies that assess the effects of obesity and obesity related medical illnesses. These studies are focused on brain structure and cognitive function in middle-aged adults within the normal range of functioning. Additionally, we have funded studies that evaluate the interface of obesity, sleep, and aging to better evaluate their influences on cognition. Our studies are targeted to address health disparities across African American and Hispanic populations.

Extern responsibilities include administration and scoring of neuropsychological tests as well as administrative duties related to running clinical research studies. Candidates should have strong motivation and dependability, the ability to manage multiple tasks simultaneously, a commitment to collaborative team science, a high level of organization, interest in working in health disparities research, and effective oral and written communication skills. Opportunities include interaction with a multidisciplinary research team, working with diverse study populations, exposure to imaging studies, and attendance at relevant Grand Round Lectures within the NYU Medical Center. Due to the complexity of training and experiential opportunities, a minimum one-year commitment of at least 10 hours a week across two days is required. Psychology Majors in their Master's program are preferred. We are committed to building a culturally diverse faculty.

If you wish to be considered for this position, please email your resume and cover letter to: Dr. Kathy Yates at Kathy.Yates@nyumc.org
<https://med.nyu.edu/faculty/kathy-f-yates>

***NOTE:** Dr. Yates' lab currently has 3 funded grants and is interviewing for extern positions for a one year commitment now. Ideally, some students might be available to begin in August for the NYUMC onboarding process for volunteers as well as for onset of the training with my more experienced neuropsych testers before their year commitment ends.

Placement Name: *National Eating Disorders Association-Helpline Volunteer*

Contact Name: Gabe Gavito

Email: ggavito@nationaleatingdisorders.org

Phone: 212-575-6200 ext. 328

Location: New York, NY

Website: <https://www.nationaleatingdisorders.org/positions/helpline-volunteer>

Description: NEDA supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

***Note:** There is a process for recruiting, interviewing, and training. Not all applicants who apply for the position are accepted. If you find that you are interested in applying, your first step would be to submit an online application:

<http://www.nationaleatingdisorders.org/get-involved/volunteer-intern-application>

In addition to the online application, applicants should email Gabe Gavito (Volunteer Program Supervisor) a resume and cover letter, with their availability and a brief description of why they are looking at NEDA for an internship or volunteer experience. Mr. Gavito will process your information and contact you with further instructions about scheduling an interview.

Placement Name: *The Samaritans*

Contact Name: N/A

Email: N/A

Phone: 212 673-3041

Website: <http://samaritansnyc.org/volunteer/>

***Note:** Fill out personal information on the bottom of the page and you will receive a volunteer information packet promptly. You will also need to attend an orientation.

Description: “When you need someone to talk to—any time, day or night—someone who will listen and take you seriously, Samaritans is there!” This is how Samaritans, the oldest and largest suicide prevention, crisis response network in the world, is known by people who experience distress, depression and suicidal feelings as well as those who care for, respond to and treat them. Samaritans’ over 100 caring volunteers and professional staff—working in our hotlines, crisis centers, suicide survivor support groups, public education, awareness and community outreach programs—have one primary goal, helping people get through their most difficult times and preventing suicide.

Placement Name: *Sprout*

Contact Name: Annisha Abidh

Email: annisha@gosprount.org

Phone: 888-222-9575

Description: Sprout is dedicated to helping people with developmental disabilities grow through challenging, creative and fun experiences that enhance socialization, self-confidence and inclusion. We are now accepting applications for our NYC Day and Evening Program as well as our Vacations Program. Our NYC program consists of evening and weekend activities around New York City, such as movies, museums, art performances, sporting events and festivals. Each activity is scheduled for 2-6 hours in the evening during the week and on weekends. Every month we send our NYC volunteer leaders a calendar of events and they choose activities that fit their schedule to help with. The three volunteers on each activity are responsible for arriving to the meeting place on time, ensuring the groups safety during the activity, and enhancing the fun for the participants. Our participants are all independent and higher functioning adults with developmental disability. There are usually 5 to 12 participants on each activity.

The process involves filling out our application online: <http://gosprount.org/volunteer/application/> After reviewing your application, my colleague and I would decide if we would like for you to come in for an interview. Following that, the training would last about 2 hours.

Placement Name: *St. James/MAPC Shelter-Homeless Shelter Hosts*

Contact Name: Sam Young

Email: syoung@stjames.org

Phone: 212-774-4200; 212-774-4257

Website: <http://www.stjames.org/service/shelter/>

Description: In recent years, homelessness in New York City has reached its highest levels since the Great Depression with nearly 60,000 people without a home every night. While we cannot serve everyone, we can make a difference in the lives of 12 men. And for those men, this difference means everything.

- Volunteer as a Set-Up Host (6:30 - 8:30 p.m.): Welcome guests and serve a light snack.
- Serve as an Overnight Host (8:30 p.m. - 7:00 a.m.): Stay the night in a private room and supervise breakfast and departure in the morning. Showers are available for those who need to go directly to work.

Hosts serve as individuals or pairs. Set-up hosts may also serve in small teams of up to four. Some of our hosts view volunteering as a great way to spend time serving God and the community as a couple, family, or friends. You must be 18 years or older to serve as an individual. Families are also welcome; children must be accompanied by a parent. Guests must be screened through the same process as regular hosts.

HOW DO I GET STARTED?

Prospective hosts must attend an Open House or arrange for an orientation. From September through May, Open Houses are held on the first Sunday of every month at 1:00 p.m., meeting at Madison Avenue Presbyterian Church.

If you cannot make a group orientation, individual training sessions may be arranged upon request.

Placement Name: *The Actors Theatre Workshop*

Contact Name: Thurman E. Scott

Email: outreach@actorstheatreworkshop.com

Phone: 212.947.1386 x 0

Location: New York, NY

Website: <http://www.actorstheatreworkshop.com/get-involved/volunteer-program/>

Description: Since 1990, ATW has flourished as an artistic leader in the field, producing award-winning educational programs and productions that develop individual potential, create tangible change and liberate the talents and abilities in people from all walks of life -- from homeless children to the incarcerated to the highly educationally and economically privileged, while operating an organization of artistic merit that has proven itself worthy of public, private and civic support.

***Note:** Email The Actors Theatre Workshop; and fill out the application online.

This opportunity caught my eye because of the work they do with homeless children. Perhaps you can mention this is the group you want to work with in your email/application as this can provide you with an amazing learning experience.

Placement Name: *Montefiore Medical Center Child Outpatient Psychiatry Department*

Contact Name: Amanda Zayde

Email: azayde@montefiore.org

Location: Bronx, NY

Website: <http://www.montefiore.org/child-and-adolescent-psychiatry>

Description: We provide coordinated, compassionate and leading-edge care designed to reach people when and where they need it most. Through highly integrated teams of physicians, nurses, social workers, mental health professionals and other caregivers, we have created an innovative, seamless system of care focused around the patient.

Placement Name: *The Quad Manhattan*

Contact Name: Benjamin Klein, Ashley Riviere
Email: benjamin@thequadmanhattan.com, ashley@thequadmanhattan.com
Phone: Benjamin Klein: 917-572-4014; Ashley Riviere: 585-298-7306
Location: New York, NY

Website: <https://www.thequadmanhattan.com/>

Description: Twice Exceptional or 2e children are often defined as intellectually or creatively gifted (the first exception or “e”) with learning differences (the second “e” or exception) such as: lagging social or executive functioning skills, ADD/ADHD, Speech and Language Impairments, ASD, lagging auditory processing skills, etc. Their asynchronism in development leads to a lack of proper educational and recreational settings that meet both needs. Thus, The Quad Manhattan exists as a place where 2e children can be themselves and both exceptions are met with enthusiasm and expert support.

Placement Name: *The Monk Lab at Columbia University Medical Center*

Contact Name: Preeya Desai
Email: pad2133@cumc.columbia.edu
Phone: 917-543-6031
Location: New York, NY

Website: <http://pregnancy.bmedcumc.org/>

Description: The lab conducts research studies with pregnant women and their babies to improve their well-being and their future children’s lives.

Placement Name: *The Reeds Center*
Email: thereedscenter@gmail.com
Phone: 212- 203-9792

Description: The Reeds Center specializes in the treatment of anxiety and impulse control disorders. We utilize the latest research and evidence-based *cognitive-behavioral therapies (CBT)* delivered in a variety of *formats and intensities*.

Placement Name: *The Soldiers Project*

Contact Person: Natasha Medina
Email: info@thesoldiersproject.org; volunteer@thesoldiersproject.org
Phone: 877-576-5343

Website: <https://www.thesoldiersproject.org/non-clinical-volunteer/>

Description: We provide free, confidential and unlimited mental health services to any active duty service member or veteran who has served since Septembr 11, 2001. We provide services to families and loved ones too—wives, husbands, partners, parents, and children. We don’t turn anyone away based on discharge stature, branch of service, or whether they saw combat. If you served, you get seen.

Placement Name: *Parents and Teens for Adolescent Well-Being Study-Teachers College Columbia University*

Email: lcds@tc.columbia.edu
Phone: 212-678-7487

Description: The Laboratory for Clinical and Developmental Studies (LCDS) is a psychology lab at Teachers College, Columbia University. Here at LCDS, we conduct research studies to better understand how adolescents' thoughts and feelings impact their well-being and mental health. We recruit teens with many different histories and experiences.

Placement Name: *The Dean Hope Center for Educational and Psychological Services (DHCEPS)*
Phone: 212-678-3262

***Note:** Call to express interest in volunteering

Description: The Dean Hope Center for Educational and Psychological Services (DHCEPS) is an integral part of the teaching and training programs in Clinical, Counseling, School Psychology, Learning Disability and Reading Specialist. The Center works in a two-folded way; first it offers students the opportunity to integrate theoretical coursework with practicum experience within a multidisciplinary setting. This training is foreseen by highly qualified supervisors. Simultaneously, the DHCEPS offers affordable psychological and educational services to individuals, couples, and families residing in the nearby neighborhood of the New York City area. The emphasis is on respecting and working with clients from diverse, multicultural contexts regardless of age, racial and ethnic background, socio-economic status, sexual orientation, and religious or cultural affiliations. DHCEPS also commits to maintaining a liaison with community-based agencies and organizations such as schools, hospitals and mental health clinics.

Placement Name: *New York Presbyterian Weill Cornell Medical Center- Victim Intervention Program*
Contact Name: Gwenn Gideon
Email: gwg9007@nyp.org
Phone: 212-746-4326
Location: New York, New York

Website: <http://www.nyp.org/clinical-services/social-work/victim-intervention-program>

Description: Committed to providing free, confidential, and high quality clinical and advocacy services to victims of crime.

***Note:** Volunteers serve as Advocates for survivors of domestic/family violence and sexual assault in the Emergency Room. We accept new volunteers on a yearly basis. Our volunteers have to be 21 years or older and go through a 40 hour mandatory DOH certified training that we offer every March. Our volunteer advocates respond to cases of domestic violence, family violence, and sexual violence that come into our Emergency Department. We train them to provide crisis counseling, safety planning, and advocacy with the various systems that come into play with these cases (medical, police, etc.). We ask that our volunteers commit a year to the program and take a minimum of 3 on-call shifts per month. Our volunteers also must be able to get to the Emergency Department within 30 minutes of being called in for a case.

Placement Name: *West End Medical*
Contact Name: Marissa Miyazaki
Email: MmiyazakiMD@gmail.com, westendmedical@yahoo.com
Phone: Marissa Miyazaki: 775-800-6492; West End Medical: 212 579-0339
Location: New York, NY

Website: <http://www.westendmed.com/>

Description: We are dedicated to providing the best psychiatric care available anywhere, with a focus on professionalism, compassion, discretion, and optimal outcome. West End Medical Associates (WEMA) was founded in 1999 by Dr. Seidman as an Upper West Side private practice setting for research physicians from the Department of Psychiatry at the Columbia University College of Physicians & Surgeons. We provide comprehensive assessment and treatment of all psychiatric conditions, and have particular expertise in psychopharmacology, treatment-resistant conditions, and clinical research. As academic psychiatrists, we keep current with the latest innovations in the field, and use the best available medical evidence to guide our clinical practice. We take the time to properly evaluate all new patients, and develop a comprehensive treatment plan that combines precision pharmacotherapy with creative problem-solving. We frequently work with psychotherapists, internists, and other clinicians to provide comprehensive psychiatric care.